

RESMED

Unique choices for women
on the journey to healthy sleep.



Women with sleep apnea have unique needs, but supporting therapy acceptance is as simple as offering a system designed with her personal comfort in mind. ResMed's choices for women can help ease the transition to therapy, enhance the overall therapy experience and ultimately drive long-term compliance.

Choices **for Her**



Women and sleep apnea

Did you know that approximately 7 million American women have sleep apnea?¹⁻²

Sleep apnea can affect women at any age, with or without any other contributing conditions. Sleep apnea is often associated with serious conditions such as high blood pressure, diabetes, obesity, heart failure and stroke.³ However, effective treatment can help reduce the risk of chronic diseases and other comorbidities.

- Almost 40% of newly diagnosed sleep apnea patients are women⁴
- The risk of sleep apnea in women after menopause is equal to that of men⁵
- Snoring during pregnancy may be an indication of developing sleep apnea⁶
- Insomnia and morning headaches are often the main indicators of sleep apnea in women⁷⁻⁸
- Women who snore are about twice as likely to have high blood pressure⁹
- Sleep apnea is related to a higher risk of depression and cognitive impairment or dementia in women¹⁰⁻¹¹



Choices **for Her**

S9 AutoSet™ **for Her** APAP DEVICE AND HUMIDIFIER



The S9 AutoSet for Her provides dynamic pressure adjustment for maximum comfort by combining the Enhanced AutoSet algorithm with Easy-Breathe expiratory pressure relief (EPR™).

- Enhanced motor design reduces sound to a whisper, ensuring her sleep environment remains quiet and peaceful
- Climate Control, with H5i™ humidifier and ClimateLine™ heated tube, prevents dryness and “rainout” for maximum comfort
- Easy-to-use controls and color LCD make menu navigation simple and intuitive
- Travel-friendly system with stylish matching bag

As the first company to design a mask for female patients, ResMed is proud to offer the first integrated system for women on the journey to healthy sleep.



Quattro™ FX for Her

FULL FACE MASK



The Quattro FX for Her full face mask provides the coverage and stability of a traditional full face mask with a clear field of vision so she can focus on better things ... like sleeping comfortably through the night.

- Unique headgear and frame design provide an unobstructed view
- Compact, lightweight and quiet
- Soft Spring Air™ cushion distributes pressure evenly and maintains seal during movement

Swift™ FX for Her

NASAL PILLOWS SYSTEM



The Swift FX for Her nasal pillows system is lighter, softer and more streamlined than ever, so she can look and feel more like herself.

- Minimal design reinforces sense of freedom
- Unprecedented softness, simplicity and stability
- Flexible, fluid form follows facial contours and user movements
- Intuitive, virtually instant fitting

Mirage™ FX for Her

NASAL MASK



The Mirage FX for Her nasal mask provides the perfect balance of lightweight comfort, premium performance and simplicity to transform her nasal mask experience.

- Only four parts make wear and care easy
- Slender and ultra lightweight frame gives a feeling of openness and comfort
- New form-fitting SoftEdge™ headgear is kind to the face and springs to life, ready to fit and wear



Choices **for Her**

The FX for Her family of masks and S9 AutoSet for Her are the latest evolution in sleep apnea therapy for women. Designed to give women more choice, more comfort and a more feminine approach to therapy, ResMed products let you see past your sleep apnea therapy to a whole new you.

Combine an FX for Her mask with the S9 AutoSet for Her for a comfortable, quiet, lifestyle-friendly system.



Product codes

S9 AutoSet + H5i for Her APAP DEVICE AND HUMIDIFIER

Complete System

Style	Part Number
S9 AutoSet for Her	36075

Quattro FX for Her FULL FACE MASK

Complete System

Size	Part Number
Small	62501
Medium	62502

Swift FX for Her NASAL PILLOWS SYSTEM

Complete System

Style	Part Number
Swift FX for Her	61540*

* Includes Extra Small (XS), Small (S) and Medium (M) pillows, pink backstrap and pink soft wraps. Large (L) pillows are available separately.

Mirage FX for Her NASAL MASK

Complete System

Style	Part Number
Mirage FX for Her	62128

1 Young et al. *New Engl J Med* 1993 2 Young et al. *Am J Respir Crit Care Med* 2002 3 Collop et al. *Clin Chest Med* 2004 4 Medicare and private payor sleep apnea claims data, 2009 5 Pickett et al. *J Appl Physiol* 1989 6 Charboneau et al. *Am Rev Respir Dis* 1998 7 Shepertycky et al. *Am Rev Respir Dis* 2005 8 Ambrogetti et al. *Aust New Zeal J Med* 1991 9 Hue et al. *Am J Epidemiol* 1999 10 Smith et al. *Chest* 2002 11 Yaffe et al. *J Am Med Assoc* 2011

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